

## **An Athletic Trainer is:**

- an allied health professional who works under the direction/supervision of a licensed physician to provide health care to athletes.

## **The Role of an Athletic Trainer is:**

- Prevention of injuries
- Recognition/Evaluation of injuries
- Management/Treatment/Disposition of injuries
- Rehabilitation
- Organization & Administration

## **Education Criteria for National Certification:**

- College degree with core/section requirements fulfilled
- Proof of current First Aid Certification or EMT equivalent
- Proof of current Basic CPR Certification
- Successful Completion of NATABOC Exam & application
- Clinical Supervision hours (minimum 2 years)

## **Criteria for State Licensure:**

- NATABOC Certification
- Meet all State Licensure Requirements

## **Athletic Trainers Provide:**

- On site evaluation & treatment for the injured athlete
- Immediate first aid care
- Follow-up rehabilitation care
- Health Professional Resource person available to athlete
- Specific conditioning programs for injury prevention

## **Employment Opportunities:**

- High School with/without teaching responsibilities, including Full Time Athletic Trainer, Part time Athletic Trainer, Teacher-Athletic Trainer, Substitute Athletic Trainer, Administrative Assistant-Athletic Trainer, Nurse Office-Athletic Trainer
- College & University
- Professional Teams
- The most common employment settings include work in secondary schools, colleges, clinics, and professional sports, however, licensed athletic trainers may work in any setting under the supervision of a NJ licensed physician.

## **Information about Athletic Trainers:**

- [Sports Medicine: Give schools the gift of quality medical care-Portland Press Herald](#)
- [Let mothers lead fight against youth sports injuries](#) (PDF) (New)

- [Act now to support student athletes' health care-Tampa Bay Times](#)(New)
- [As Gloucester County districts look for places to cut, athletic trainers are in unwelcome spotlight-The Gloucester County Times, October 31, 2010](#)(New)
- Athletic Trainers Hurt by Budget Cuts